

Enneagram Test Questions

For each question, select the response that resonates with you the most. There are no right or wrong answers. After answering the questions, tally your scores to determine your predominant type.

Questions:

1. **When faced with a challenge, I tend to:**
 - A. Seek to improve the situation by setting clear guidelines and standards.
 - B. Focus on how I can help others involved.
 - C. Approach it as an opportunity to achieve and succeed.
 - D. Feel deeply and express my emotions about the situation.
 - E. Analyze the situation and seek knowledge before acting.
 - F. Look for support from others and consider their perspectives.
 - G. Try to keep things fun and enjoyable, avoiding pain.
 - H. Take charge and assert my authority in the situation.
 - I. Stay calm and avoid conflict, hoping things resolve naturally.
2. **I feel most fulfilled when I:**
 - A. Accomplish something meaningful and impactful.
 - B. Connect deeply with others and feel needed.
 - C. Achieve my goals and receive recognition.
 - D. Express my creativity and uniqueness.
 - E. Learn something new or solve a complex problem.
 - F. Have a strong sense of community and support.
 - G. Experience new adventures and possibilities.
 - H. Stand up for myself and others.
 - I. Create a harmonious environment for those around me.
3. **My biggest fear is:**
 - A. Making a mistake or being seen as imperfect.
 - B. Not being appreciated or loved.
 - C. Failing or being seen as a loser.
 - D. Being ordinary or lacking depth.
 - E. Being incapable or helpless.
 - F. Being abandoned or unsupported.
 - G. Missing out on opportunities or being bored.
 - H. Losing control or being vulnerable.
 - I. Experiencing conflict or disruption in my peace.
4. **In social situations, I often:**
 - A. Take charge and suggest plans.
 - B. Engage others and offer help.
 - C. Showcase my achievements and seek validation.
 - D. Share my feelings and creative ideas.
 - E. Observe and listen before joining in.

- F. Make sure everyone feels included and supported.
 - G. Keep the mood light and fun.
 - H. Take the lead and set the agenda.
 - I. Try to mediate and maintain harmony.
5. **When under stress, I tend to:**
- A. Criticize myself and others.
 - B. Overextend myself to help others.
 - C. Become overly competitive and driven.
 - D. Withdraw and feel misunderstood.
 - E. Isolate and hoard knowledge or resources.
 - F. Become anxious and question my support system.
 - G. Distract myself with new experiences.
 - H. Confront challenges head-on, often aggressively.
 - I. Avoid the stressor and hope it resolves itself.

Scoring Your Results

- **Count how many times you selected each letter:**
 - A: Type One
 - B: Type Two
 - C: Type Three
 - D: Type Four
 - E: Type Five
 - F: Type Six
 - G: Type Seven
 - H: Type Eight
 - I: Type Nine

Interpreting Your Results

- The letter you chose most often indicates your primary Enneagram type. For example, if you chose "A" the most, you might be a **Type One**. If your scores are close among several types, you might identify with multiple types, which is common.

Final Notes

This test is a fun way to explore the Enneagram, but for a deeper understanding, consider taking a more comprehensive assessment or reading about each type. The Enneagram can provide valuable insights into personal growth and interpersonal relationships.

The Nine Enneagram Types

1. **Type One: The Reformer**
 - **Core Desire:** To be good, moral, and right.
 - **Core Fear:** Being corrupt or evil.
 - **Key Traits:** Principled, purposeful, self-controlled, perfectionistic.
2. **Type Two: The Helper**
 - **Core Desire:** To feel loved and appreciated.
 - **Core Fear:** Being unwanted or unloved.
 - **Key Traits:** Generous, people-pleasing, warm, nurturing.
3. **Type Three: The Achiever**
 - **Core Desire:** To feel valuable and worthwhile.
 - **Core Fear:** Being worthless or failing.
 - **Key Traits:** Ambitious, adaptable, image-conscious, driven.
4. **Type Four: The Individualist**
 - **Core Desire:** To find their identity and significance.
 - **Core Fear:** Having no identity or personal significance.
 - **Key Traits:** Sensitive, introspective, expressive, unique.
5. **Type Five: The Investigator**
 - **Core Desire:** To be competent and knowledgeable.
 - **Core Fear:** Being helpless or incapable.
 - **Key Traits:** Innovative, secretive, withdrawn, perceptive.
6. **Type Six: The Loyalist**
 - **Core Desire:** To feel secure and supported.
 - **Core Fear:** Being without support or guidance.
 - **Key Traits:** Loyal, responsible, anxious, suspicious.
7. **Type Seven: The Enthusiast**
 - **Core Desire:** To be satisfied and fulfilled.
 - **Core Fear:** Being deprived or in pain.
 - **Key Traits:** Spontaneous, versatile, distractible, enthusiastic.
8. **Type Eight: The Challenger**
 - **Core Desire:** To be independent and strong.
 - **Core Fear:** Being controlled or weak.
 - **Key Traits:** Assertive, protective, confrontational, self-confident.
9. **Type Nine: The Peacemaker**
 - **Core Desire:** To have inner stability and peace of mind.
 - **Core Fear:** Loss and separation.
 - **Key Traits:** Easygoing, receptive, reassuring, complacent.